

The Bengal

Est. 1987

FULLY LICENSED
and
AIR CONDITIONED

Take-Away Menu

OPENING HOURS
LUNCH (Mon-Sun) 12 to 2.00pm
EVENINGS 5.30 to 11.00pm
INCLUDING HOLIDAYS

72 HIGH STREET
RAMSEY
CAMBRIDGESHIRE
PE26 1BS

www.thebengalramsey.co.uk

TEL:(01487)813896

PLEASE NOTE:

1. Management reserve the right to refuse to serve any person.
2. Cheques are not accepted
3. Price includes V.A.T.

CHEQUES NOT ACCEPTED

NOT FOR TAKE-AWAY

The set meals below are combinations selected from the main menu overleaf and are available in the restaurant only.

SET MEAL

A

Choose from:-

STARTER

SHEEKH KEBAB or CHICKEN TIKKA

MAIN COURSE

CHICKEN BHOONA or KARAHI MEAT
VEGETABLE CURRY or CAULIFLOWER
BHAJEE

PILAU RICE or PLAIN NAN

COFFEE

£12.25 PER PERSON

SET MEAL

B

Choose from:-

STARTER

ONION BHAJEE or SAMOSA

MAIN COURSE

SHASHLICK or KARAHI CHICKEN TIKKA
SAAG ALOO or MUSHROOM BHAJEE

PILAU RICE or PLAIN NAN

COFFEE

£12.50 PER PERSON

Telephone:

(01487) 813896

TAKE-AWAY MEALS

**10% DISCOUNT
ON ALL COLLECTIONS
(Minimum Order £10)**

FREE

**LOCAL DELIVERY
(Minimum Order £15)**

Bengal Night

**WEDNESDAY
and
THURSDAY
ONLY**

**CHOOSE ANYTHING
FROM THE FULL MENU:**

1 x Starter,

1 x Main Course,

1 x Vegetable Side Dish

1 x Rice or Plain Nan

1 x Coffee

only

£10.50 *per person*

(Excludes all King Prawn, Salmon & Bangla Fish dishes.
For any of the above dishes please add £3.00 extra)

**10% DISCOUNT
FOR TAKE-AWAY MEALS
(ON COLLECTION ONLY - MINIMUM ORDER £10)**

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Take-Away Menu

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**ALL BENGAL
SPECIALITIES
COME WITH
PILAU RICE**

**FREE DELIVERIES
(MINIMUM ORDER £15)**

Starters

SHASHLICK CHICKEN - Diced chicken specially marinated with tomatoes, onion, and green pepper, barbecued on skewers.	£3.75
TANDOORI CHICKEN - Piece of chicken marinated and barbecued.	£2.95
CHICKEN CHATT - Chicken cooked with spices and herbs on a puree	£3.55
CHICKEN/LAMB TIKKA - Diced chicken or lamb marinated in spices and barbecued.	£3.55
MIXED MEAT STARTER - Chicken Tikka/ Lamb Tikka and Sheekh Kebab	£4.30
SHEEKH KEBAB - Minced meat marinated in spices and herbs and barbecued.	£3.10
RASHMEE - Minced meat mixed with fresh ground spices then fried egg.	£3.20
CHICKEN PAKURA - Diced chicken mixed with spices then fried in oil.	£3.35
ONION BHAJEE - Chopped onions mixed with spices and then deep fried in oil.	£2.45
SAMOSA - (Meat or Vegetable) in Indian pastry.	£2.45
KING PRAWN BUTTERFLY - King prawn marinated in a thick sauce and then fried in oil.	£4.95
KING PRAWN PUREE - Medium spiced king prawns on a puree.	£4.95
PRAWN PUREE - Medium spiced prawns on a puree	£3.30
PRAWN COCKTAIL	£3.15
GARLIC MUSHROOM - Spiced mushroom and garlic.	£2.90
PANEER TIKKA - Cubes of homemade cheese	£2.95

Tandoori

(Charcoal Barbecues and Grills)

TANDOORI CHICKEN - Chicken marinated in special Tandoori spices and barbecued on flaming charcoal.	(Whole) £11.90 (Half) £5.95
TANDOORI KING PRAWN - Marinated with spices and grilled on charcoal.	£10.50
CHICKEN/LAMB TIKKA - Diced chicken or lamb spiced and barbecued on skewers.	£6.70
SALMON TIKKA - Smoked fresh salmon marinated in herbs, spices and grilled.	£8.95
PANEER TIKKA - Cubes of homemade cheese marinated in tandoori sauce and barbecued	£5.95
SHASHLICK CHICKEN/LAMB - Diced chicken or lamb marinated in herbs and spices then barbecued with tomatoes, onions and green pepper.	£7.50
KING PRAWN SHASHLICK - King prawn marinated in herbs and spices then barbecued with tomatoes, onions and green pepper.	£10.95
TANDOORI MIXED GRILL - Mixture of Sheekh Kebab, Chicken Tikka, Lamb Tikka, Tandoori Chicken and a Nan Bread.	£9.50

Balti Dishes

(All below are served with a plain nan bread)

BALTI CHICKEN	£7.50
BALTI MEAT	£7.50
BALTI PRAWNS	£7.95
BALTI KING PRAWNS	£9.95
BALTI VEGETABLE	£6.10
BALTI MIXED (Chicken, Meat & Prawns)	£7.95

The Bengal Specialities

(All dishes below are served with pilau rice)

CHICKEN/LAMB TIKKA MOSSALA - Chicken or lamb tikka cooked in pure ghee, almond and coconut flour with special sauce and cream.	£8.95
TANDOORI CHICKEN MOSSALA - Tandoori chicken and minced meat cooked in pure ghee, almond and coconut flour with special sauce & cream.	£9.50
TANDOORI KING PRAWN MOSSALA - Tandoori King Prawn cooked in pure ghee, almond and coconut flour with special sauce and cream.	£10.95
CHICKEN CHILLI MASSALA - Chicken marinated in herbs and spices then cooked with garlic and green chillies. A fairly hot curry.	£8.95
SALMON TIKKA MASSALA - Salmon cooked in pure ghee, almond and coconut flour with special sauce and cream	£10.95
BADAMI SALMON - Salmon cooked in pure ghee almond and special creamy sauce. Very mild.	£10.95
BANGLA FISH - Marinated in special fresh herbs and spices then barbecued and cooked in sauce. Fairly hot and dry.	£9.50
BENGAL CHICKEN - Chicken marinated and mixed with special spices, cream, almond, coconut and eggs.	£8.95
KARAHI CHICKEN/LAMB TIKKA - Chicken or lamb tikka marinated in a specially prepared thick sauce, garnished with onions, tomatoes.	£8.95
KARAHI TANDOORI KING PRAWN - Tandoori King Prawns marinated and barbecued in clay oven and then cooked in cast iron dish with special fresh herbs and spices.	£10.95
CHICKEN/LAMB PASANDA - Chicken or Lamb marinated in herbs and spices then cooked with ground almond, coconut and fresh cream. A mild to medium curry.	£8.95
MURGH/LAMB JALFAIZA - Cube of onion with chicken or lamb and spices. A fairly hot curry.	£8.95
KING PRAWN JALFAIZA - Cube of onion with King Prawn and spices. A fairly hot curry.	£10.95
AKHNI PULAO - Chicken or lamb cooked with rice (similar to Birayani). Very Mild.	£8.95

Meat Curries

(Mutton)

MEAT KORMA - A mild meat curry.	£5.50
MEAT CURRY - (Madras or Vindaloo).	£5.45
ROGAN JOSH - Meat cooked with special spices, garnished with tomatoes, green pepper and a touch of garlic.	£5.50
BHOONA GOSHT - Meat cooked with thick curry sauce. A dry medium curry.	£5.50
SAAG GOSHT - Meat cooked with spinach. A dry medium curry.	£5.50
MEAT MOGHLAI - A mild meat curry with nuts, almonds and eggs.	£5.55
GARLIC MEAT - Meat cooked with garlic and spices	£5.50
MEAT DUPIAZA - Meat cooked with onion, tomatoes and green peppers	£5.50
MEAT DANSAK - Meat cooked with lentils, sweet and sour spicy curry, slightly hot.	£5.55
MEAT CEYLON - Hot curry cooked with coconut.	£5.55
MEAT TIKKA PATHIA - Hot, sweet and sour spicy curry	£6.20
ACHARI MEAT - Meat cooked with mixed pickles. Slightly hot, medium dry.	£5.50
GINGER MEAT - Meat cooked with ginger and spices. Medium hot.	£5.50
KARAHI MEAT - Specially cooked in spices and herbs, onion and green pepper in a thick sauce. A medium hot curry.	£5.85

Chicken Curries

(All breast chicken)

CHICKEN KORMA - A mild chicken curry.	£5.60
CHICKEN TIKKA KORMA - Chicken Tikka cooked in a mild curry sauce.	£6.50
CHICKEN CURRY - (Madras or Vindaloo).	£5.55
CHICKEN KASHMIR - Cooked with fruits and fresh cream. A medium curry.	£5.60
CHICKEN BHOONA - Chicken cooked with special stock of spices. A medium dry curry.	£5.60
CHICKEN TIKKA BHOONA - Chicken tikka cooked in spices and herbs in a thick sauce.	£6.50
GARLIC CHICKEN - Chicken cooked with garlic and spices	£5.60
CHICKEN DUPIAZA - Chicken cooked with onion, tomatoes and green peppers.	£5.60
BUTTER CHICKEN - Chicken marinated in spices and butter and cooked in curry with herbs. A mild curry.	£6.50
MOGHLAI CHICKEN - A mild chicken curry with nuts, almonds and eggs.	£5.65
CHICKEN DANSAK - Chicken cooked with lentils, sweet and sour spicy curry. A slightly hot curry.	£5.65
CHICKEN CEYLON - Hot curry cooked with coconut.	£5.60
CHICKEN TIKKA PATHIA - Hot, sweet and sour spicy curry.	£6.50
ACHARI CHICKEN - Chicken cooked with mixed pickles. Slightly hot, medium dry.	£5.50
GINGER CHICKEN - Chicken cooked with ginger and spices. Medium hot.	£5.60
KARAHI CHICKEN - Specially cooked in spices and herbs, onion and green pepper in a thick sauce. A medium hot curry.	£5.95

Seafood

PRAWN CURRY - Medium curry.	£5.95
PRAWN BHOONA - Medium dry curry.	£5.95
PRAWN PATHIA - Hot, sweet and sour spicy curry.	£5.95
PRAWN DANSAK - Hot, sweet and sour with lentils.	£5.95
SAAG PRAWN - Prawn cooked with garlic and spinach.	£5.95
KING PRAWN BHOONA - Medium dry curry.	£7.95
SAAG KING PRAWN - King prawn cooked with garlic and spinach.	£7.95
KING PRAWN CURRY - Medium curry.	£7.95
KING PRAWN DANSAK - Hot, sweet and sour with lentils.	£7.95
KING PRAWN DUPIAZA - King prawn cooked with garlic, onion, tomatoes and green pepper.	£7.95

Birayani

(Cooked with Rice and served with a Vegetable Curry)

CHICKEN TIKKA BIRAYANI	£8.25
CHICKEN BIRAYANI	£7.20
MEAT BIRAYANI	£7.20
PRAWN BIRAYANI	£7.55
KING PRAWN BIRAYANI	£8.75
VEGETABLE BIRAYANI	£6.95

Vegetable Main Dishes

VEGETABLE KORMA - Mild.	£4.25
VEGETABLE DHANSAK - Hot, sweet and sour with lentils.	£4.25
KARAHI VEGETABLE	£4.50
VEGETABLE JALFAIZA - Hot.	£4.50
VEGETABLE MOSSALA	£4.50

Vegetable Side Dishes

MIXED VEGETABLE CURRY	£2.75
NIRAMISH - Dry mixed vegetables.	£2.80
ALOO GOBI BHAJEE - Medium spiced potatoes and cauliflower.	£2.75
SAAG ALOO BHAJEE - Medium spiced spinach potatoes.	£2.75
MUSHROOM BHAJEE - Medium spiced mushrooms.	£2.75
CAULIFLOWER BHAJEE - Medium spiced cauliflower.	£2.75
BOMBAY ALOO - Medium spiced potatoes.	£2.75
SAAG BHAJEE - Medium spiced spinach with garlic.	£2.75
BHINDI BHAJEE - Medium spiced okra.	£2.75
TARKA DALL - Spiced lentils with fried garlic.	£2.75
SAAG PONIR - Spinach cooked with garlic and cheese	£2.75
ALOO PONIR - Potatoes cooked with garlic and cheese	£2.75
CHANA MASSALA - Chick peas.	£2.75
MATTAR PONIR - Cheese and chick peas.	£2.75

Rice

PRAWN PILAU	£3.75
KEEMA RICE	£3.75
SWEET RICE	£2.50
VEGETABLE PILAU	£2.95
MUSHROOM RICE	£2.50
SPECIAL FRIED RICE	£2.50
PILAU RICE (Basmati)	£2.10
BOILED RICE	£1.95

Sundries

NAN	£1.85
KULCHA NAN - Nan stuffed with vegetables.	£2.10
KEEMA NAN - Nan stuffed with minced lamb.	£2.10
PESHWARI NAN - Nan stuffed with dry fruits.	£2.10
CHILLI NAN	£2.10
CORRIANDER NAN	£2.10
GARLIC NAN	£2.10
CHEESE NAN	£2.10
PARATHA	£1.95
CHAPATI	£0.95
PAPADOM	£0.60
MOSSALA PAPADOM	£0.70
CHUTNEY and PICKLE (per head).	£0.50
RAITA - with cucumber or onion.	£1.50

English Dishes

STEAK - (chips, mushrooms, peas, tomato and onion).	£8.50
FRIED SCAMPI - (chips, peas and tomato).	£5.20
PORTION OF CHIPS	£1.50

ALL PRICES INCLUDE V.A.T.